

WEEK # 4

Menu 2017

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Feb. 20 MONDAY	Feb. 21 TUESDAY	Feb. 22 WEDNESDAY	Feb. 23 THURSDAY	Feb. 24 FRIDAY	Feb. 25 SATURDAY	Feb. 26 SUNDAY
D I N N E R	Vegetable soup  Irish Stew <u>Diced Potatoes</u> <u>Diced Turnip</u> <u>Diced Carrots</u>  Cheese Cake	Cream Of Onion Soup  Grilled Fish  Mashed Potatoes  Mixed Veg  Fruit rice	Tomato Soup  Meat Ball in Gravy  Mashed Potatoes Rice  Green Beans  Pears	Rice Soup  Chicken Fingers  Roasted potatoes  Yellow Beans  Butter Tarts	Macaroni Soup  Baked Fish  Mashed Potatoes  Broccoli  Mandarin Orange	Cream of Broccoli Soup  Bologna  Mashed Potatoes  peas  Butterscotch Pudding	Barley Soup  Roast Pork  Mashed Potatoes  Cauliflower  Pie
S U P P E R	Vegetable soup  Chicken A La King on Toast  Melon	Cream Of Onion Soup  Cold plate  Squares	Fish Chowder  Tea Biscuits  Lemon Loaf	Rice Soup  Quiche Tossed Salad  Peaches	* Macaroni Soup  Ham Salad Sandwiches  Salad  Mousse	Cream of Broccoli Soup  Baked beans Hot dog Brown Bread  Gingerbread whip cream	Barley Soup  Fish Burger  Pom Pom Potatoe  Strawberries

Menu may change without notice

HS Snack Menu					Scoial tea or Arrowroot Cookies	
Nutri Bar	Voortman Cookies	Muffin	Toast	Cran citrus cookie		Sweet Bread